

COLD STARTERS

HOME-MADE CHEFS' CHICKEN LIVER PATE	£4.65
<i>Served with warm fingers of Toast and Cumberland Sauce</i>	
TRADITIONAL PRAWN COCKTAIL	£5.00
<i>With Marie Rose Sauce and Brown Bread</i>	
SMOKED SALMON PLATTER	£6.00
<i>Served with Crisp Salad Garnish and Capers</i>	
AVOCADO PEAR TOPPED WITH PRAWNS	£5.10
<i>Served on a Bed of Salad with Marie Rose Sauce</i>	

HOT STARTERS

SOUP OF THE DAY	£3.50
<i>Chefs' homemade Soup</i>	
DEEP FRIED MUSHROOMS	£4.30
<i>Fried and served with a crisp Salad Garnish and Tartare Sauce</i>	
CRISPY GRILLED GARLIC BREAD <i>Lightly coloured</i>	£1.75
<i>Or topped with melted Cheddar Cheese</i>	£2.10
WEDGES OF BRIE CHEESE	£5.00
<i>Rolled in Breadcrumbs served with a Raspberry Coulis</i>	
PAN FRIED KING PRAWNS	£7.40
<i>Cooked in a rich Garlic and Lemon Batter, served with a crisp Salad Garnish</i>	
DEVILLED WHITEBAIT	£4.75
<i>Fried and served with crisp Salad Garnish and Tartare Sauce</i>	

JACKET POTATOES

PRAWN & MARIE ROSE SAUCE	£5.80	TUNA & MAYONNAISE.....	£5.80
<i>Served on a Bed of Salad</i>		<i>Served on a Bed of Salad</i>	
CHEESE & ONION	£5.80		
<i>Served on a Bed of Salad</i>			
TRADITIONAL PLOUGHMANS' LUNCH	£6.00		
<i>Cheddar or Stilton Cheese served with French Bread, Pickles, Chutney & a crisp Salad Garnish</i>			

FRESH CUT SANDWICHES

HOME COOKED HAM	£3.10	ROAST BEEF	£3.10
ROAST CHICKEN.....	£3.10	PRAWN & MARIE ROSE SAUCE	£3.65
TUNA & MAYONNAISE.....	£3.35	SALAD	£2.80
EGG & MAYONNAISE	£2.80	CHEESE	£2.80
TOASTED BACON	£3.35	TOASTED HAM & CHEESE	£3.35

MAIN COURSE SELECTION

OLD FASHIONED BEEF STEAK & MUSHROOM PIE	£8.00
<i>Topped with Short Crust Pastry with Mashed Potatoes and Garden Peas</i>	
CHICKEN OR VEGETABLE CURRY	£7.90
<i>Served on a Bed of Rice with Poppadoms and Mango Chutney</i>	
CHICKEN & STILTON	£9.00
<i>Pan fried Breast of Chicken topped with Stilton Cheese and served with Baked Jacket Potato</i>	
CAJUN CHICKEN	£8.50
<i>Supreme of Chicken coated in Cajun Spices and griddled, served on a Bed of Pepperslaw</i>	
ROAST BREAST OF NORFOLK CHICKEN	£8.00
<i>Topped with Smoked Bacon</i>	
CHEFS' HOME COOKED HAM	£8.00
<i>Topped with two Fried Eggs, Chipped Potatoes and Peas</i>	
LATE BREAKFAST.....	£6.90
<i>Bacon, Egg, Sausage and Tomato with Chipped Potatoes and Peas</i>	
PAN FRIED CALVES' LIVER WITH BACON.....	£9.90
<i>Served in a rich Spanish Onion Gravy on a Bed of Mashed Potatoes</i>	
VARIOUS OMELETTES	from £6.60

PAN FRIED

All served with grilled Tomatoes, Mushrooms and Chipped Potatoes

FILLET STEAK	£14.00		
SIRLOIN STEAK	£12.50		
FOUR JUICY LAMB CHOPS	£10.50		
PEPPER SAUCE	£1.40	DIANE SAUCE	£1.40

FRESH FISH SELECTION

FILLET OF FRESH COD MENUIERE	£9.50
<i>Grilled and topped with Parsley Butter, served on a Bed of Mashed Potatoes</i>	
POACHED FILLET OF COD BONNE FEMME.....	£9.60
<i>Served in Mushroom and White Wine Sauce, on a Bed of Mashed Potatoes</i>	
BREAD CRUMBED WHOLE TAIL SCAMPI	£8.00
<i>Fried and served with Tartare Sauce, Garden Peas and home-made Chipped Potatoes</i>	
HADDOCK FILLET	£6.10
<i>Deep fried in golden Bread Crumbs with Garden Peas and home-made Chipped Potatoes</i>	
WING OF SKATE	£9.50
<i>Baked Skate in a Caper Sauce with Chipped Potatoes and Garden Peas</i>	
POACHED SCOTTISH SALMON AU GRATIN OR GRILLED SCOTTISH SALMON	£9.40
<i>Served with Garden Peas and home-made Chipped Potatoes</i>	
CATCH OF THE DAY	
<i>There is always a choice of fresh Guernsey Seafood, please ask for today's choice</i>	

PASTA DISHES

All served with Side Salad or Chipped Potatoes

SEAFOOD TAGLIATELLE	£8.25	SPAGHETTI BOLOGNAISE....	£8.00
VEGETABLE LASAGNA	£8.00	MEAT LASAGNA.....	£8.00

HOME MADE SALAD SELECTION

All served with a selection of Fresh Salads in season

HOME COOKED HAM	£9.35
ROAST SIRLOIN OF BEEF	£9.35
ROAST NORFOLK CHICKEN	£9.35
PRAWNS TOPPED WITH MARIE SAUCE	£9.90

CHILDREN'S SPECIAL MENU

CAPTAIN BIRDS' EYE	£4.25
<i>Fish Finger with Chips and Beans</i>	
GOLD DIGGERS	£4.25
<i>Chicken Nuggets with Chips and Beans</i>	
BIG BREAKFAST	£4.30
<i>Fried Egg, Sausage and Chips</i>	
SUPER BURGER.....	£4.30
<i>Beef Burger in a Bun with Chips</i>	

SIDE ORDERS

SIDE SALAD	£3.00	CHIPPED POTATOES	£1.40
MIXED VEG OF THE DAY	£3.25	POTATOES OF THE DAY	£1.65
ONION RINGS	£1.60		

SWEET SELECTION

FRESH FRUIT SALAD	£4.15	RED CHERRY CHEESECAKE ..	£4.15
<i>Served with Fresh Guernsey Cream</i>			
BLACK FOREST GATEAU	£4.15	TIRAMISU	£4.15
PEACH MELBA	£4.15	CREAM CARAMEL	£4.15
A CHOICE OF DAIRY.....	£2.80	ASSORTMENT OF CHEESE ..	£5.00
ICE CREAMS AND SORBET		<i>With Water Biscuits</i>	

DRINKS

FILTER COFFEE	£1.50	ESPRESSO	£1.50
CAFÉ LATE	£1.75	CAPPUCINO.....	£1.85
POT OF TEA	£1.55		

LES CARTES DES VINS

CHAMPAGNE / SPARKLING WINE

	VINTAGE	BOTTLE
1. MOET & CHANDON, BRUT IMPERIAL <i>'Fresh, fruity & elegant'</i>	N/V	£45.00
2. ASTI SPUMANTE, MARTINI <i>'A sweet, grapey Sparkler. Perhaps the most famous Italian wine'</i>	N/V	£16.00

BORDEAUX ROUGE

3. ST EMILION, CHEVALIER LICHINE <i>'Highly coloured, soft, delicate & rich'</i>	-	£19.00
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RED BURGUNDY

4. FLEURIE, LA CERISERAIE MOMMESSIN <i>'The In Beaujolais - an excellent example'</i>	-	£18.00
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WHITE BURGUNDY

5. ROPITEAU CHABLIS <i>'Ripe apples and brioche flavours, elegantly dry with delicate, mineral notes'</i>	-	£22.00
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RHONE WINE

6. COTES DU RHONE, MOMMESSIN <i>'Good and hearty - full of the warmth of the South'</i>	-	£12.00
7. CHATEAUNEUF DU PAPE, 'LES EPICES' <i>'Full of colour, robust, warm, Southern flavour & a broad spicy farmyard character'</i>	-	£31.00

LOIRE VALLEY

8. MUSCADET SEVRE ET MAINE MARCEL MARTIN <i>'An excellent quality Muscadet, Crisp & Dry'</i>	-	£12.00
9. SANCERRE, 'LES FONDETTES' <i>'The 'In' wine. Fresh & fragrant, intensely fruity with gooseberry-like bouquet. The Sauvignon grape'</i>	-	£22.00

GERMAN WINES

10. NIERSTEINER GUTES DOMTAL <i>'A light, fruity, Medium Dry wine from the Rhine Valley'</i>	-	£10.00
11. PIESPORTER MICHELSBERG <i>'Fruity, Medium Dry wine from the Mosel Valley'</i>	-	£11.00

ITALIAN WINES

12. FRASCATI SUPERIORE <i>'Straw golden, soft, smooth & dry. The best known wine of the Roman hills'</i>	-	£11.00
13. CHIANTI CLASSICO <i>'Superb ripe fruit and spicy nose, elegant concentrated berry flavour and lingering balanced finish'</i>	-	£15.50

NEW ZEALAND

14. EAST COAST CABERNET SAUVIGNON / MERLOT, MONTANA <i>'Full flavoured red, a fine marriage of these two Bordeaux grapes'</i>	-	£16.00
15. MARLBOROUGH SAUVIGNON BLANC, MONTANA <i>'Fresh and zesty with grapefruit and herbaceous aromas and flavours'</i>	-	£16.00

CALIFORNIAN

16. BLOSSOM HILL WHITE ZINFANDEL ROSE <i>'This wine has a delightful aroma of strawberries & the flavour of ripe watermelons. It is a medium-bodied & very juicy on the palate'</i>	-	£12.00
17. BLOSSOM HILL WHITE <i>'This very fruity wine has aromas of citrus, melon & apples with a round, ripe finish'</i>	-	£12.00
18. BLOSSOM HILL RED <i>'Soft and mellow with red berry fruit aromas & a smooth, easy finish'</i>	-	£12.00

SPANISH WINES

19. CUNE RIOJA TINTO CRIANZA <i>'Fruity, medium bodied, well balanced Rioja'</i>	-	£16.00
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AUSTRALIAN WINES

20. JACOBS CREEK, SHIRAZ <i>'Rich & full flavoured with ripe blackberry, hints of spices & a velvet tannin structure'</i>	-	£14.00
21. JACOBS CREEK, CHARDONNAY <i>'A buttery & spice complexity complements the fruit flavours creating a wine with a soft creamy texture that is flavoursome & mouth filling with balance & finesse'</i>	-	£15.00

CHILEAN WINES

22. CONCHA Y TORO SUNRISE MERLOT <i>'Cherry and soft cacao flavours with an elegant round palate of good body & persistence'</i>	-	£12.00
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HOUSE WINES SELECTED BY THE MANAGEMENT

23. RESERVE 'LA VILLETTE', ROUGE	-	£11.00
24. RESERVE 'LA VILLETTE', BLANC	-	£11.00

La Vilette

HOTEL & LEISURE CLUB

Everything you expect from a
Premier Health and Fitness Club.

Telephone 235292
for more details



reflections beauty salon

at La Vilette Hotel St. Martin's Guernsey
GY4 6QG Tel: 01481 232550

Reflections is one of Guernsey's Premier Beauty Salons and is based in the hotel's Leisure Club.

Their friendly staff offer a wide range of therapies including Thalgo body treatments and O-Lys Light Therapy as well as a large array of beauty products.

Booking is essential for all treatments and can be done by phoning 232550 or by leaving a message at their reception.

Dee's Salon HAIRSTYLIST

Situated opposite the
Hotel's Leisure Club is
Dee's hairdressing salon.

La Vilette Hotel, St. Martin,
Guernsey, GY4 6QG
Tel: 239521

La Vilette

HOTEL & LEISURE CLUB



B A R B I S T R O M E N U

Food served from
12.00pm until 2.00pm and 6.00pm until 9.00pm

DIP & DINE

Heated Outdoor Swimming Pool - May to September

La Vilette Hotel • St. Martin • Guernsey • Channel Islands • GY4 6QG
Tel: 01481 235292 • Fax: 01481 237699
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